

## Donations Guide

- Food items:
  - Cereal
  - Soup
  - Pasta
  - Rice
  - Pasta sauce
  - Beans
  - Tinned meat or fish
  - Tinned vegetables
  - Tea/coffee
  - Tinned fruit
  - Biscuits
  - Sponge puddings
  - Cartons of Juice
  - Instant Mash
  
- Toiletries
  - Deodorant
  - Toilet paper
  - Shower gel
  - Shaving gel
  - Shampoo
  - Soap
  - Toothbrushes
  - Tooth paste
  - Hand wipes
  - Feminine products – sanitary towels and tampons
  
- Household items
  - Laundry liquid detergent/laundry powder
  - Washing up liquid
  
- Baby supplies – nappies, baby wipes and baby food. (Please note, due to advice from UNICEF we cannot provide formula milk.)